Gift of SleepTM Event



Special Guest: Terry Cralle R.N., M.S.

Clinical Sleep Educator and Author

FREE EVENT

DATE: November 16th, 2016

LOCATION: HARBOR HISTORY MUSEUM

HOURS: 10am to 8pm

Come learn how to achieve better sleep from nationally recognized sleep expert, educator and author Terry Cralle, RN. Terry will be providing a <u>Better Sleep Presentation</u> at 6:30 pm in the main foyer. Terry will also be on hand ALL DAY to answer questions, sign her books for sale and showcase innovative sleep products sponsored by Relief Products LLC. Many of these items make great Christmas gifts.

Due to capacity issues at the museum the evening event can only welcome the FIRST 100 people. To reserve a seat please contact scott@giftofsleep.co

**FIRST 25 TO RESERVE A SEAT WILL RECEIVE A BETTER SLEEP KIT, WITH A \$49.00 RETAIL VALUE.

If you don't reserve a seat in time or you can't make the evening event, you are encouraged to stop by and meet Terry Cralle anytime between 10am-5:30pm.

The GIFT OF SLEEP™ Event will also feature an intro presentation by Scott Smalling, Founder of Relief Bed International (RBI). Donations will be accepted to support their work to provide better sleep to homeless shelters in the US and International Relief Organizations. Since their launch a year ago, RBI has distributed more than 3,500 mattresses worldwide.



For more information about Relief Bed International please visit, www.reliefbed.org